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Class: 305

True Beauty Shines From Within

Have you ever been called “ugly”?

Well, I have, and whether it was said jokingly or on purpose, I felt demoralized and hurt. Why? Because to me, the word “ugly” does not necessarily mean “a face that does not look pretty”; in fact, it can also mean “an ugly personality”. So basically, when people use the word “ugly” on me, I get the feeling that they are saying, “Linda, you are a horrible person inside-out.”

However, in modern society, “ugly” is most frequently used to describe appearances. So what if I am “ugly” on the outside?

I believe that true beauty shines from within.

Just a few days ago, I watched a TV show called “True Beauty”. It is similar to “America’s Next Top Model”, just that the contestants will be judged based on their personalities as well without them knowing. Even the simple act of not picking up litter on the pavement can land contestants in the elimination room.

After watching two episodes of the show, I started questioning myself on the way I perceive beauty – to which I came to this conclusion: inner beauty outshines outer beauty.

Would you want to be friends with a girl who has a pretty face but backstabs you, or a girl with average looks but has a heart of gold? My choice would be the latter. I’m not trying to say that good-looking people are always evil, but that appearance is just a bonus.

I have a friend who refuses to create a facebook account just because she thinks she’s ugly and fat, thus she’s afraid of getting judged or criticized for her looks. Recently, she even started taking diet pills secretly despite her parents’ objections. I keep telling her that appearance is not all that matters and that she should stop thinking so much about what others think of her, but she turned a deaf ear to my advice because she is extremely conscious about the way she looks.

Another friend of mine isn’t skinny – in fact she’s slightly plump. She doesn’t have the nicest features but certainly has high self-esteem. She loves cracking jokes and making the whole class laugh, therefore she has a wide circle of friends and even teachers know her for her humour.

To me, a beautiful person is one who has the right moral values, cares about others, loves herself and everyone around her, and most importantly, one who is comfortable and confident

in her own skin. I challenge you to look into the mirror every morning and tell yourself, “I am beautiful.” If you truly mean it, then you *are*, indeed, *beautiful*.

**DUMBO GAVE ME A SUPER JUNIOR RING ON MY
BIRTHDAY!!!!!!!!!!!!!! A RING!!!! = PROPOSAL =
MARRIAGE**

**WHY DON'T U WEAR IT... ON YOUR LEFT HAND FOURTH
FINGER!!!!**

A BIT TOO OBVIOUS LEH!!

**WOW..HAHA EVEN SHE GIVE YOU BDAY PRESENT... T.T I
NV GIVE YOU..... WAA!!!! AND DOES DAT MEAN YOU
STILL LYK... HER?? O.o**

**LOL nvm it's okay just give me double next year
MUAHAHAHAHAHAHAHAHAHAHAHAHAHAHAHA!!!!
Yes I still like her :P but I think she's avoiding me now ☹**

**Ok.... =.= sorta knew it baby... and heyy she sorta avoids
a lot of ppl except those in 2/2 2010**

**Really ah? But last time she would like talk to me a bit
in real life... and now she just completely DAOs me
when I go talk to her ☹**

Er... in real life???? ==''''

And u go talk to her meh hh nv see you leh...

On 15 Feb (Tue) she walked beside me (back to class) after morning assembly then I asked her "Have you heard SJM's new song?" and she said "No, I don't like SJM," with a =____= face. Then I told her "It's very cool because there's Eunkyu inside!" And she JUST DAO-ED ME D: Then we both went silent for like 20 sec =____= And then she walked the different route back to class O____O

Talkkk abt utter heartbreak miss... but at least she gave u a bday pres!!!! And maybe cos it's not whad she noes then she;s lyk dazhu 's spazzing again.. *ignores

But when I asked her “Is this present from you?” She gave a dumb face and said “No, it’s from Onew.” Then I kept asking her and she kept saying it’s not from her =____= But it’s obvious it’s her cus the little note she wrote has Korean on it and her handwriting is so ugly that it’s super recognizable LOL. What a dumbo!

So are you happy or not miss?!?! =.= u oso quite dumbo lehhhhhhhhhhhhhhhh~~ haha anyway u match her.... I think she got moodswing one lahhh... maybe meniscus??

Idk if I should be happy leh D: But I’m quite *heartbroken* because she keeps dao-ing me ☹ Hahaha she’s on tumblr now! :P And I think she knows I have a crush on her, so she so dao... =____=